

## BOUNDLESS

FUTURES

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### **ABOUT US**

Boundless Futures CIC was founded in 2023 by Gaizka Garcia, a qualified Forensic Psychologist and Child victim/Abuse worker, with a deep commitment to supporting children and young people who have experienced trauma.

Born from both professional expertise and lived experience, Boundless Futures CIC was built by Gaizka and a group of passionate young people who grew up in South West London—individuals who have witnessed the struggles faced by local youth and are driven to create lasting change.

Together, we formed Boundless Futures with a shared vision: to offer every child and young person in our community a space where they are safe, seen, and supported—regardless of their background, financial situation, trauma history, or disability.

At Boundless, no barrier is too big. We believe that no trauma, challenge, or label should define a child's future. Through free activities, mentorship, therapeutic support, and youth-led projects, we aim to empower young people to discover their strengths, follow their passions, and shape a future full of potential and possibility.

We are more than a service—we are a community movement. One rooted in compassion, equity, and the unshakable belief that every young person deserves a boundless future.



### **SERVICES**

- School settings, therapeutic sessions.
- Mentorship and therapeutic work through activities within the community settings
- Birthday parties for vulnerable children within the community.



# MENTORSHIP AND THERAPEUTIC WORK THROUGH ACTIVITIES WITHIN THE COMMUNITY SETTINGS

Our therapeutic work within the community is designed to create safe, supportive spaces where young people feel heard, valued, and understood. We aim to build trust and connection through consistent, meaningful engagement that prioritises emotional well-being.

We provide both group-based and one-to-one support, depending on individual needs, using creative and active methods such as art, sports, and team-based community activities. These sessions not only support mental health and self-expression, but also help young people build confidence, social skills, and positive relationships with peers and trusted adults.

We recognise that academic pressure can be both a source and a symptom of stress. When young people are struggling emotionally, their studies often suffer as a result. To address this, we will also offer tutoring support, ensuring that those who need extra help with their learning are not left behind. This academic support will complement our wellbeing work, reinforcing a holistic approach that nurtures both mind and achievement.

In addition to therapeutic and academic support, we will offer employability guidance and career advice. Young people will have access to workshops on CV writing, interview preparation, and opportunities to explore different career paths, helping them to plan for their future with confidence.





## OUR YOUTH ENTERPRISE PROJECTS

Purposeful Work. Real Impact. Created by Young People.

Our Youth Enterprise Projects include birthday party packages, baked goods, event support, creative products, holiday activities and more—all thoughtfully designed and delivered by our team and the young people we support.

What makes these projects truly powerful is who creates them. Many of the young people involved have experienced trauma, adversity, or emotional challenges. Through these projects, they're not only learning practical skills and entrepreneurship—they're using their lived experiences as a source of purpose, creativity, and strength.

Each product or service is more than just a way to raise funds—it's a tool for healing, growth, and empowerment. These projects help young people build confidence, develop teamwork, and reconnect with their own potential in a meaningful way. And when you support them—by booking a party, ordering baked goods, or hiring event support—you're doing more than making a purchase. You're directly investing in their journey and helping us fund free therapeutic programmes and community support services for other vulnerable young people.

Every creation has a story. Every pound makes a difference.

Support with purpose. Celebrate with impact.

### MEET OUR TEAM



Gaizka Garcia
Founder & Clinical Director



Rianna

Director & Criminal Justice & Youth Engagement Officer or Community Justice Mentor



Raven

Director & Youth
Empowerment &
Finance Advisor or
Fundraising & Outreach
Coordinator

#### **MEET OUR TEAM**



Reginald

SEND Specialist Case

worker



**Hakim**Creative Media
Director



**Ellice**Director & Events Planner



**Phoebe**Youth Ambassador



**Tianna**Digital coordinator

#### **CONNECT WITH US**

Email: boundlessfuturescic@gmail.com

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